

## FOR YOUR NEXT VISIT

In anticipation of your next visit, we encourage you to record your thoughts, feelings, observations and questions, as well as comments you may receive from others.

My thoughts/feelings:

My observations:

My questions:

Comments from Others:

*(What have you done? You look more rested.  
Have you been on vacation? You look great!)*

# Ultherapy®

SEE THE BEAUTY OF SOUND™

Learn more at  
**Ultherapy.com**

**What to Expect  
after Treatment**



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The non-invasive Ultherapy® procedure is U.S. FDA-cleared to lift skin on the neck, on the eyebrow and under the chin as well as to improve lines and wrinkles on the décolletage. For indications in your country, and full product and safety information, including possible mild side effects, visit [www.ultherapy.com/IFU](http://www.ultherapy.com/IFU). ©2014 Ulthera, Inc. Ultherapy is a registered trademark of Ulthera, Inc. 1001830C.

# Potential Benefits with Ultherapy®

Congratulations! By choosing to have an Ultherapy® treatment, you are doing something wonderful for your skin. As the skin matures, collagen fibers that provide internal support become worn. Ultherapy's ultrasound energy reaches deep below the surface of your skin to initiate your body's own natural repair process. Over time, this results in the creation of new, healthy, strong collagen and a variety of positive skin changes.

Responsiveness varies from patient to patient, and, occasionally, the results are "subclinical;" that is, the collagen rebuilding on the inside that helps counter the effects of gravity does not have a visible effect on the outside. Some patients may benefit from more than one treatment.

## TREATING THE FACE AND NECK

In the early days following face and neck treatment, patients commonly report some lifting, toning and plumping of fine lines. While this immediate "plumping effect" can be temporary, it signals that the beneficial process of new collagen generation has begun.

Skin lifting on the brow, neck and under the chin is reported to continue to build over the next 2-3 months. Further improvements can even appear up to 6 months following a procedure.

## TREATING THE DÉCOLLETAGE

After a single décolletage treatment, the collagen-building process is initiated and a smoothing of fine lines and wrinkles of the chest may be noticeable within 90 days. Improvement can also be seen at 180 days post-treatment.

Ultherapy® is not intended to produce the same results as an invasive surgical procedure. As with any medical procedure, there are possible risks associated with the treatment. There is a remote risk of a burn that may or may not lead to scarring, which will respond to medical care, or temporary nerve injury, which will resolve in a matter of weeks. Occasional temporary effects can include bruising or welts, which resolve in days.

Because everyone's skin is different, results will vary. The following table describes the variety of responses reported by Ultherapy patients and when they may be experienced.

Face & Neck Target Issues	Immediate	First Week +	Day 30 +	Day 60 - 90 and beyond
<b>Skin Lifting, Toning, &amp; Tightening</b> Sagging eyelid skin Lax, loose skin under the chin Loose skin on the neck	Slight lifting & toning Minor swelling	Slight lifting & toning Minor swelling	Slight lifting & toning	Additional lifting & toning Brow elevation (overall or outer portion) for a more "open" look to the eye Less sagging Tighter, lifted skin
<b>Skin Feel &amp; Texture</b>	Tighter Slight tenderness to the touch Tingling Numbness Slight plumping of fine lines	Tighter Slight tenderness to the touch Tingling Numbness Slight plumping of fine lines	Tighter Slight tenderness to the touch Tingling Numbness Smoother texture	Tighter, better-fitting skin Smoother texture
<b>Color</b>	Erythema (redness) Minor bruising (occasional)	Minor bruising (occasional)	More even tone	More even tone

Décolletage Target Issues	Immediate	First Week +	Day 90 +	Day 180
<b>Improvement of lines and wrinkles on the chest</b>	Minor swelling	Minor swelling	Improvement in the appearance of lines and wrinkles	Improvement in the appearance of lines and wrinkles
<b>Skin Feel &amp; Texture</b>	Slight tenderness to the touch Tingling Numbness	Slight tenderness to the touch Tingling Numbness	Smoother texture	Smoother texture
<b>Color</b>	Erythema (redness) Minor bruising (occasional)	Minor bruising (occasional)	n/a	n/a